

THERMAL DISORDERS

ACTION/TREATMENT:

- ABCs/monitor cardiac rhythm.
- IV access titrated to perfusion as needed.
- **Hypothermia:**
- Cardiac arrest:
 - Monitor pulse for 30-45 seconds before initiating CPR.
 - Defibrillate VF/VT without a pulse, 1 - 2 shocks only (200J, 300J).
 - Intubate.
 - ALS medications should be deferred in suspected severe hypothermia.
 - Do not pronounce in field.
- **Frostbite:**
 - Morphine sulfate for severe pain: 2 - 20 mg IVP titrated to pain.
- **Hyperthermia:**
 - Assess skin signs.
 - Initiate cooling measures, determined by extent of hyperthermia.

PEDIATRIC:

- Morphine sulfate for severe pain: 0.1 mg/kg slow IVP.

Shaded text indicates BH order
Unshaded text indicates standing order

Approved:

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